



LUMBAR TRACTION/DECOMPRESSION

Spinal decompression therapy involves stretching the spine using a traction table or similar motorized device, with the goal of relieving back pain and radiating leg symptoms. Sessions offered right here in our office!

THEORY BEHIND TRACTION:

The traction creates negative intradiscal pressure to promote retraction or repositioning of a herniated or bulging disc. It also creates lower pressure in the disc that will cause an influx of healing nutrients and other substances into the disc.

EQUIPMENT:

The DRX 9000 uses state-of-the-art technology to relieve neurocompression associated with lower back pain and radiating pain.

Treatments last about 45 minutes and are performed once or twice a week.

Please wear loose fitting clothing, shorts, or sweatpants.

The DRX 9000 is equipped with a DVD player, you are more than welcome to bring a DVD with you to watch during your treatment!



COVERAGE:

Traction is not covered by insurance providers. Our office offers traction at a rate of 75\$ per visit, or 5 visits for 300\$. Sessions last 45 minutes and we schedule up to twice a week. Visits are typically scheduled on Monday and Thursday Mornings, though we make every effort to accommodate our patients. A course of 3-5 visits is recommended to achieve optimal results. If you have any questions or concerns please feel free to contact our office.

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