



Welcome to the Connecticut Back Center!

For New Patient appointments we ask that you arrive 30 minutes prior to your scheduled appointment time.

In addition to the forms requested, please keep in mind that it is your responsibility to provide our office with all of your insurance information prior to being seen by our providers. If your insurance requires a **referral for you to see a specialist**, you are responsible for obtaining that referral, and it must be received by our office prior to your appointment, otherwise we will have to reschedule with you. Referrals can be obtained by your Primary Care Provider.

If you have a **Worker's Compensation** claim, ALL information of the claim must be received by our office prior to your appointment (i.e., date of injury, claim #, etc.)

The following is a list of items you should have available when you come to your appointment:

- Insurance card
- Photo ID
- Co-Payment
- Insurance referral, if required by your health insurance - Please feel free to call our office ahead of time to make sure this has been received.
- Imaging CD's or hard copy: MRI or X-rays. It is imperative that we have access to the actual imaging you've had done, not just the report of such imaging.
- Up to date medication list and past medical history
- Often times it helps to bring a family member or friend to your visit to listen, and advocate on your behalf.

We are excited to see you here at CBC! We thank you for choosing our practice and look forward to working with you.

Sincerely,

The Connecticut Back Center Staff